

The Word of Sts. Peter & Paul



March 16, 2025

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Pray For Ukraine

Second Sunday of Great Lent

**Parish Council
 President**

George Cepynsky

Sisterhood of St. Anne

Athena Gordon

Church School

Director

Patricia Wolsko

Ukrainian

Saturday School

Director

PM Olenka

Church Choir

Director

George Cepynsky

Seraphim Group

President

Debbie Pierog

50/50 Club

President

Ioan Bryndzia

Vitalii Kulyk

Jr. UOL President

David Sendeha

Sr. UOL President

Nataliia Bryndzia



This Sunday was originally dedicated to Saint Polycarp of Smyrna. After glorification of St Gregory Palamas in 1368, this Sunday was appointed as the Second Sunday of Great Lent as a second “Triumph

of Orthodoxy and Sunday of St. Gregory Palamas.

Saint Gregory Palamas, Archbishop of Thessalonica, was born in the year 1296 in Constantinople. Saint Gregory’s father became a prominent dignitary at the court of Andronicus II Paleologos (1282-1328), but he soon died, and Andronicus himself took part in the raising and education of the fatherless boy. Endowed with fine abilities and great diligence, Gregory mastered all the subjects which then comprised the full course of medieval higher education. The emperor hoped that the youth would devote

himself to government work. But Gregory, barely twenty years old, withdrew to Mount Athos in the year 1316 (other sources say 1318) and became a novice in the Vatopedi monastery under the guidance of the monastic Elder Saint Nikódēmos of Vatopedi (July 11). There he was tonsured and began on the path of asceticism. A year later, the holy Evangelist John the Theologian appeared to him in a vision and promised him his spiritual protection. Gregory's mother and sisters also became monastics.

After the demise of the Elder Nikódēmos, Saint Gregory spent eight years of spiritual struggle under the guidance of the Elder Nikēphóros. The head of this monastery began to teach the young man the method of unceasing prayer and mental activity, which had been cultivated by monastics, beginning with the great desert ascetics of the fourth century: Evagrius Pontikos and Saint Macarius of Egypt (January 19).

Later on, in the eleventh century Saint Simeon the New Theologian (March 12) provided detailed instruction in mental activity for those praying in an outward manner, and the ascetics of Athos put it into practice. The experienced use of mental prayer (or prayer of the heart), requiring solitude and quiet, is called "Hesychasm" (from the Greek "hesychia" meaning calm, silence), and those practicing it were called "hesychasts." Soon he was ordained to the holy priesthood.

During his stay at Glossia the future hierarch Gregory became fully imbued with the spirit of hesychasm and adopted it as an essential part of his life. Sometimes he visited theological gatherings of the city's educated youth, headed by the future patriarch, Isidore. After he returned from a visit to Constantinople, he found a place suitable for solitary life near Thessalonica the region of Bereia. Soon he gathered here a small community of solitary monks and guided it for five years.

Saint Gregory performed many miracles in the three years before his death, healing those afflicted with illness. On the eve of his repose, Saint John Chrysostom appeared to him in a vision. With the words "To the heights! To the heights!" Saint Gregory Palamas fell asleep in the Lord on November 14, 1359. In 1368 he was canonized at a Constantinople Council under Patriarch Philotheus (1354-1355, 1364-1376), who compiled the Life and Services to the saint.



<p>Sunday March 16 8:45am Matins 9:30am Hours 9:30am Divine Liturgy</p>	<p>Second Sunday of the Great Lent Tone 5 St. Gregory Palamas the Archbishop of Thessalonica. Synaxis of all Venerable Fathers of the Kyiv Caves. Martyr Sabinas of Hermopolis, Egypt (303). Martyr Pappas of Lycaonia (305). Apostle Aristobulus of the Seventy, bishop of Britain (1st c.). Hieromartyr Alexander, pope of Rome (119). Martyrs Trophimus and Thalys of Laodicea (300). Martyr Julian of Anazarbus (305). Matins (5): Lk. 24:12-35; Heb. 1:10-2:3; Mk. 2:1-12; To St.: Heb. 7:26 - 8:2; Jn. 10:9-16; To Venn.: Gal. 5:22 - 6:2; Lk. 6:17-23; Liturgy of St. Basil the Great</p>
<p>Wednesday March 19 6:00pm</p>	<p>Akathist to the Passions of Christ at 6:00pm Sorokousti</p>
<p>Saturday March 22</p>	<p>Vespers at 6:00pm</p>
<p>Sunday March 23 8:45am Matins 9:30am Hours 9:30am Divine Liturgy</p>	<p>3rd Sunday of the Great Lent. Adoration of the Cross. Tone 6 Monk-martyr Nikon and 199 disciples, in Sicily (251). Martyrs Philetas, his wife Lydia, Macedon, Theoprepius, Cronides, and Amphilochius (125). Ven. Nikon, abbot of the Kyiv Caves (1088). Matins (6): Lk. 24:36-53; Heb. 4:14-5:6; Mk. 8:34-9:1 <i>Liturgy of St. Basil the Great</i></p>

Palm Sunday April 13

Pascha/Resurrection April 20



Recaps of Sunday March 9, 2025

Intermediate class

Last Sunday was the Sunday of Orthodoxy. After Liturgy the children and their teachers took part in the procession celebrating the triumphant return of icons to the churches. We discussed the significance of this in class. We then turned our attention to the Lenten journals they are to keep over the next few weeks. Questions they are to answer: Did they keep to the fast?; Did they seek and ask for forgiveness for something they said or did...or didn't do?; And what act(s) of kindness did they perform? Each Sunday they will follow the steppingstones on the bulletin board in the classroom to keep themselves on track during their Lenten journey.

Every journey begins with a single step forward.
Thank you parents for helping your child with this weekly assignment. You lead by your example.

~Ms. Karen

Recap of Teen Class - March 9, 2025

We discussed the prayer service and preparation of the bread and wine that takes place before our liturgy begins, at the "Table of Preparation" which is to the left of the Altar Table. With special prayers, our priest pours wine and water into the chalice. He then takes a large piece of bread and places it on the **paten** (a small gold plate). (With student

participation, we simulated the following procedure with a medium sized piece of bread on a plate.) The top of the bread is marked with the Greek letters, IC, XC, NIKA, which means "Jesus Christ Conquers". With prayers, this piece of bread will be changed into "the Body of Christ" and known as "the Lamb of God." He then continues by cutting a piece of bread from the large one, which represents the Virgin Mary and places it on the paten on the left side of the "Lamb of God".

Next he cuts nine small pieces from the loaf placing them on the paten to the right of the "Lamb of God". These pieces stand for the angels, prophets, apostles and saints. He then places a small piece of bread for each living person that he is praying for, placing

them below the "Lamb of God". Lastly, he cuts a piece of bread for each deceased person he is remembering in prayer placing them on the paten just below and beside those of the living. These names are taken from the diptych or Priest's Prayer List as previously requested by church members. When this is complete, the whole church is represented around the "Lamb of God (Jesus)" on the paten.

At the Great Entrance of our liturgy the chalice of wine and water and the "Lamb of God" covered by the paten and a veil is brought from the "Table of Preparation" and through the Royal Doors for the prayers of consecration and in preparation for Holy Communion. I believe our students have learned a good deal regarding matching familiar words with great spiritual meaning in our symbolic Orthodox faith. Lastly, I think most of us know that at the rear of the church there are blank prayer sheets which we may use for the names of those we would like to be included in prayer during the liturgy.

In the Love and Glory of Jesus Christ, Ms. Pat

Announcements

Parish Council usually meets once a month on the second Sunday of the month. Next Council meeting will take place on Sunday April 13, 2025 after the coffee hour.

Guests are welcome. If you would like to participate at the council meeting, please let any of the officers know.

Induction Service of the New Parish Council is this Sunday March 16.

At the Parish Annual Meeting the following individuals have been elected to the parish council: Patricia Wolsko, Donna Nevels, Nick Ronsen
 Alternates: Vasyl Filipovych, Ivan Bryndzia and Alexandra Sheremeta.

Officers of the Parish council for 2025-2026:

Dennis Rehr — President

Patricia Wolsko — Vice President

Karen Larson — Secretary

Patricia Beck — Treasurer

Seven Day Vigil Candles

- For the health of Patti Faye by John Batura
- For the health and God's blessings of Tina Palasti
by PM Olenka
- For the health of Larry Pierog by Fr. Vasyl
- _____
- In memory of my parents Pavlo & Polina by Halyna Kashpar
- In memory of my father Michailo on the 7th anniversary of passing into Eternal life by Stephania Turiy
- In memory of Anthony Kaczor by Michael Supilowski
- In memory of Tony Kovco by Michel Supilowski



2025 Scholarship Applications

Application forms for a graduating high school senior who is a member of our church and is planning to further their education at a community college, university or trade school are available from Pat Wolsko. They must be completed and returned by Sunday, April 27. The recipients of this church sponsored scholarship will be announced at the end of May.

50/50 Club

The winner for the month of February was the *Mary Wisniowski*. Next drawing will take place **on Sunday March 30, 2025**. We encourage to buy tickets for the whole year for a discounted price of \$65.00. If you would like to buy for one or several months the ticket is \$6.00 for a month. You can win \$250.00. All of the proceeds go to College Scholarship Fund of our parish. Support children of our parish family.
For more info please see Ivan Bryndzia & Vitalii Kulyk

Sisterhood of St. Anne

We are always looking for more volunteers.

Updated Schedule:

March 17 Monday at 8:30am

March 18 Tuesday at 5:30pm

March 31 Monday at 8:30am

April 1 Tuesday at 5:30pm

April 6 Sunday make cheese balls

April 7 Monday make cheese perogies

April 10 Thursday sale 11am-6pm (2 shifts)



Prayer Corner for the Month of March



We ask all of you to remember in your prayers the following individuals, who are in need of God's healing and grace:

Nina Gregosanc & family, Larry Pierog, Pat Beck. Mark, Roman, Judy Broud, Joshua Mark, Mary Wisniowski, Mary Pirtle, Nathan, Gail, Allie Branch, Mike Moran, Christopher Flavin, Even, Edward, Bob Lewandowski, Michael Melnyk, Lilia, Andy, Bohdan, Ralph Palm, David, Irine, Zoriana, Lev, Alla Grzynski, Kathy Grzynski, Nicole, John & Patti, Barbara Patronik, Barbara & Katie Bruce, Michael Kimak, Chloe McKinney, Yuriy Zmysly, Dorothy Seliga, Halyna & Wolodymer Kashpar, Mykola, Priest Vasyl Dovhan, Tina & Frankie, Alexander, Anatoli & Pamela, Janet, Sam and Natalia.

Pray for soldiers in Ukraine: Maksym, Taras, Yaroslav, Pavlo, Slavko, Mikola, Victor, Taras, Yuriy, Stepan, Volodimer, Mykola, Svitlana, medic Stella, Oleg, Yuriy, Dmitro, Bohdan, Roman, Mykola, Kostia, Vitaliy, missing in action Volodimer, Taras, Mykola, wounded Roman, prisoner Taras.

Pray for Our expecting mother:

Myroslava, Maria and Michelle. New mom — Daria,
If there is anyone who is in need of prayers, and you want to add them to the prayer corner, please notify Fr. Vasyl

Bible Study

Next Bible Study group meeting is
Tuesday, March 25 at 7:00 pm.
Via Zoom. We are going to work on family
tree of Jesus Christ and Psalms.



Memorial Service

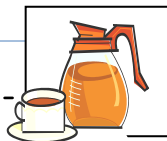
Monthly memorial March 30

In memory of all of those who reposed in the Lord in the month of March. In memory of my mother Stephane Luchyn by Lorraine Ehlert.

In memory of my father, Wasyl Wanshula
(Василь Ванжула) by Lilia Roviario.



Coffee Hour Schedule



Sponsored coffee hours

You can sponsor coffee hour monetarily by donating \$50.00 to cover the cost of one coffee hour. If you would like to volunteer, please let PM Olenka or Fr. Vasyl know:

March 9 — *Sisterhood of St. Anne — Parish Annual Meeting*

March 16 — *Nina Gregosanc in memory of husband Vince*

March 23 — *Corina Fala*

March 30 — *open*

Jr. & Sr. UOL Українська Православна Ліга



The Chapter is going to host 3 Fish fries during the Great Lent. If you would like to volunteer, please put your name on the lists posted by the kitchen door. УПЛ буде мати 3 рибні вечери під час посту. Якщо ви бажаєте бути волонтером, прошу записатися на листку біля кухонних дверей.

Lenten Fish Fry

On Fridays from 5:00pm-7:00pm

March 21, April 4



Made to order fried cod fish or calamary or coconut shrimp

Served with Potato perogies or tatter tots and salad, bread, beverage and dessert

Selfreliance Association



Безкоштовне вивчення усіх документів для новоприбулих (Social Security, Work permit, Benefits)

Кожної Середи у Церковній залі з 10:00-17:00. За інформацією просимо звертатись до Пані Матки Оленки Сендега “Асоціація Самопоміч.” або за телефоном (773) 692-1010

ESL Classes

ESL Announcement:

ESL sessions have resumed in the church hall every Thursday at 6:30pm. For more information please see Pat Wolsko.

Безкоштовні ESL класи для усіх бажаючих кожного Четверга о 18:30 вечора у Церковній залі. Дотаковою інформацією просимо звертатися до о. Василя або Пані Матки Оленки.