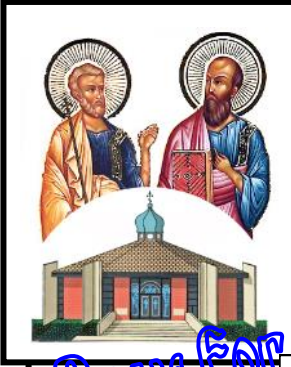


The Word of Sts. Peter & Paul



March 15, 2026

Saints Peter & Paul UOC
8410 West 131st St.
Palos Park, IL 60464
Fr. Vasyl Sendeha — Rector
www.sspeterandpauluoc.net
Rev.vasyl@yahoo.com
708-361-5165

Pray for Ukraine

Third Sunday of the Great Lent

Parish Council

President

Nick Ronsen

Sisterhood of St. Anne

Athena Gordon

Church School

Director

Patricia Wolsko

Ukrainian

Saturday School

Director

PM Olenka

Church Choir

Director

George Cepynsky

Seraphim Group

President

Debbie Pierog

50/50 Club

President

Ivan Bryndzia

Vitalii Kulyk

Jr. UOL President

David Sendeha

Sr. UOL President

Yurii Sendeha

“For the Cross is the salvation of the Church; the Cross is the boast of those who hope in it; the Cross is reconciliation of enemies to God and conversion of sinners to Christ.”

— St. John Chrysostom



Troparion

— **Tone 4**

O Lord,
save Your people, /
and bless
Your inheritance. /
Grant victories to the
Orthodox
Christians, /
over their adver-
saries. /
And by vir-
tue of Your

Cross / preserve Your habitation!

Kontakion — Tone 7


Now the flaming sword no longer guards the gates of Eden; / it has mysteriously been quenched by the wood of the Cross! / The sting of death and the victory of hell have been vanquished; / for You, O my Savior, have come and cried to those in hell: / “Enter again into paradise.”

The Third Sunday of Lent is that of the Veneration of the Cross. The cross stands in the midst of the church in the middle of the lenten season not merely to remind men of Christ’s redemption and to keep before them the goal of their efforts, but also to be venerated as that reality by which man must live to be saved. “He who does not take up his cross and follow me is not worthy of me” (Mt.10:38). For in the Cross of Christ Crucified lies both “the power of God and the wisdom of God” for those being saved (1 Cor.1:24).


In the Name of the Father, the Son and the Holy Spirit—when we hear those words, our first inclination as Orthodox Christians is to cross ourselves. The cross is the “sign” that we understand and accept that our Lord and Savior Jesus Christ was indeed crucified. The symbol of the cross—originally meant to identify severe punishment for criminals—became a symbol of hope and life after our Lord’s Resurrection. When we wear our cross, when we cross ourselves and honor the Cross on the Third Sunday of Lent, we proclaim our faith as Orthodox Christians.

The cross also teaches us that throughout life, there are many challenges that we face. Within those challenges, we can persevere and learn from that which has become difficult to bear; we can realize that through the storms of life, we have the example of Christ, He that endured the crucifixion, the scourging, the crown of thorns, and the piercing. He showed us that we can overcome all things if we have faith. As Jesus had faith in God the Father, we too must have faith that our crucified and risen Lord will accompany us on our journey of life.

In this midpoint of Great Lent, let us remain strong in our faith, by participating in the liturgical life of our blessed Orthodox Church, continuing our fasting, and most of all, let us be mindful of our sisters and brothers all over the world, who struggle and carry their cross for our Lord. May we have a blessed Resurrection!



Liturgical Schedule



Sunday
March 15
8:45am Matins
9:30am Hours
10:00AM
Divine Liturgy

3rd Sunday of the Great Lent. Veneration of Cross. Tone 7 Martyrs Agapius, Publius (Pauplios), Timolaus, Romulus, two named Dionysius, and two named Alexander, at Caesarea in Palestine (303). Hieromartyr Alexander of Side in Pamphylia (270-275). Martyr Nicander of Egypt (302). Matins (7): Jn. 20:1-10 Heb. 4:14-5:6; Mk. 8:34-9:1;

Wednesday
March 18

Presanctified Liturgy at 6:00pm

Friday
March 20

Akathist to the Mother of God at 9:30AM
Sorokousti

Sunday
March 22
8:45am Matins
9:30am Hours
9:30am

4th Sunday of the Great Lent Tone 8
Venerable John Listvychnyk Hieromartyr Basil, presbyter of Ancyra (362). Matins (8): Jn. 20:11-18; Heb. 6:13-20; Mk. 9:17-31; Mt. 4:25 - 5:12;
Liturgy of St. Basil the Great

Sunday
March 29
8:45am Matins
9:30am Hours
10:00am
Divine Liturgy

Fifth Sunday of the Great Lent. Tone 1
Venerable Mary of Egypt. Martyr Mark, bishop of Arethusa, Ciril and others (364). Venerable John, Anchorite of Egypt (4th c.). St. Eustathius (Eustace) the Confessor, bishop of Kios in Bithynia(9th c.). Matins (9): Jn. 20:20:19-31; Heb. 9:11-14; Mk. 10:32-45;
Liturgy of St. Basil the Great

Tuesday
March 31

Pan-Orthodox
Akathist to the Mother of God at 7:00pm

Saturday
April 4

Lazarus Sunday Divine Liturgy at 9:00am
Vespers at 6:00pm blessing of willows

Parish Council

On Sunday March 8, 2026 Annual Meeting of the parish took place. 4 new members were elected to the parish council.

Parish council for the 2026-2027 year:

Officers:

Nick Ronsen—president
Pat Wolsko - Vice-president
Faith Neswick—Secretary
Dr. Jeremy Oryhon—Treasurer

Members:

Ivan Bryndzia
Vasyl Philipovich
Yurii Hrechka
Natalia Cherevko
Donna Nevels
Debbie Pierog
Athena Gordan

Alternates:

Richard Kimak
Olexandra Sheremeta
Mykhailo Popil
Mary Wisniowski

Sunday's Second Collection

Sunday's Second Special Collection is dedicated each month to a different cause. Month of March is dedicated for Parish Scholarship Fund. Month of April is dedicated to College care packages. Month of May is dedicated to sponsor a Seminarian at UOL Convention.

Sisterhood of St. Anne

We are going to have our Annual Meeting on Sunday March 15 after the Coffee Hour.

We are always happy to see more volunteers. If you can give us an hour or two we would greatly appreciate.

We are schedules to work:

Sunday March 15— peel potatoes

Monday March 16– make Potato balls

Tuesday March 17– 8:30am and 5:30pm make perogies

Sunday March 29 —make cheese balls

Monday March 30 —8:00am make perogies & 5:30pm make SC

Tuesday March 31 —8:30am pack SC

Wednesday April 1—5:30pm Bake bread

Thursday April 2— 11:00am-3:00pm Christmas Sale



Sunday School Corner



on

WHEN TO MAKE THE SIGN OF THE CROSS

It is the pious custom of devout people to trace up-themselves the Sign of the Cross at all the important parts of the Liturgy and even at every exclamation and petition of the celebrants. There are, however, specific moments when one ought to make the Sign of the Cross:

At the beginning and end of prayers and services.

Upon entering church and leaving it.

At the mention of the All-holy Trinity.

At the words: "Come let us worship and fall down ..."

When the Priest comes forth with the Holy Gifts.

When the Priest blesses us with the Holy Gospel, the Chalice, the Cross, or an Icon.

At any prayerful invocation of God.

There are certain times in the services when worshippers ought only to bow their heads without the Sign of the Cross:

When the Priest exclaims: "Peace be to all!"

At the exclamation, "Bow your heads unto the Lord!"

When the Priest blesses the Faithful with his hand.

When the celebrant censes the people with the Censer.

When the celebrant bows towards the people during services.

When the Holy Gospel is read.

During the Great Entrance.

Advanced Education Scholarship

2026 Scholarship Applications

Application forms for a graduating high school senior who is a member of our church and is planning to further their education at a community college, university, or trade school are available from Pat Wolsko. She will be happy to answer any questions regarding the application and the process or applying. The deadline for accepting the form and its accompanying essay is April 19.

Recipients of this Church sponsored scholarship will be announced at the end of May.

Scholarship Committee

Seven Day Vigil Candles



For the health and God's blessings for Markian, Al-
ec and Hanna Masur on the peruse of their dreams
by Terese & Mark

For the health and God's healing of Richard Kimak by Gbur &
Lang Families

For the health and safe return of Craig Rice by Gbur & Lang
Families

For the speedy recovery of Barbara Bruce by Fr. Vasyl

For the health and God's blessings of Patti Faye

by John Batura

For the health of Vasyl, Adelina (Anhelina) and David by Maria

Selfreliance Associations

Безкоштовне вивовнення усіх документів для
новоприбулих (Social Security, Work permit, Benefits)

Кожної Середи у Церковній залі з 9:00-17:00. За

інформацією просимо звертатись до Пані Матки

Оленки Сендега "Асоціація Самопоміч." або за телефоном
(773) 692-1010



Sr. UOL Fish Fry

The Chapter is going to host 1 more Fish fry
during the Great Lent..

If you would like to volunteer, please put your name on the lists
posted by the kitchen door. УПЛ буде мати ще

1 рибну вечері під час посту. Якщо ви бажаєте

бути волонтером, прошу записатися на листку біля
кухонних дверей.

Lenten Fish Fry

Adults \$19.00. Children \$10.00

On Friday April 4

from 5:00pm-7:00pm

Made to order fried cod fish or calamari or coconut shrimp

Served with Potato perogies or tatter tots and salad, bread,
beverage and dessert



Prayer Corner for the Month of March



We ask all of you to remember in your prayers the following individuals, who are in need of God's healing and grace:

Nina Gregosanc & family, Larry Pierog, Mark, Judy Broud, Mary Wisniowski, Mary Pirtle, Bob Lewandowski, Andy, Bohdan, Ralph Palm, David, Irine, Zoriana, Lev, Alla Grzynski, Nicole, John & Patti, Barbara Patronik, Barbara Bruce, Chloe McKinney, Yuriy Zmysly, Dorothy Seliga, Halyna & Wolodymer Kashpar, Mykola, Priest Vasyl Dovhan, Tina & Frankie, Alexander, Anatoli & Pamela, Janet, Sam and Natalia.

Pray for soldiers in Ukraine: Petro Drapala, Yaroslav, Pavlo, Slavko, Mikola, Victor, Taras, Yuriy, Stepan, Mykola, medic Stella, Oleg, Yuriy, Dmitro, Bohdan, Roman, Mykola, Kostia, missing in action Vitaliy.

Pray for Our expecting mothers:

Tetiana, Maria & Viktoria
New moms Natalia, Anna, Krystyna, Pavai, Myroslava, Natalia, Maria, Michelle.

*If there is anyone who is in need of prayers, and you want to add them to the prayer corner, please notify Fr. Vasyl
If you would like me to visit with the Sacraments of the Holy Confession and Eucharist, please call the rectory.
to set up an appointment. I will gladly visit everyone.
Fr. Vasyl*

Memorial Service

March 29 — In memory of all of those who have stepped into eternity in the month of March.

In memory of my father, Wasyl Wanshula
(Василь Ванжула) requested by Liliana Roviario



Coffee Hour Schedule



We are back to sponsored coffee hours

You can sponsor coffee hour monetarily by donating \$50.00 to cover the cost of one coffee hour.

If you would like to volunteer, please sign up the schedule is on the door of the church hall kitchen.

March 15— PM Olenka & Nataliia Sendeha

March 22— Larson & Pierog Families

March 29—Jr. UOL pancake flip

April 5— Sr. UOL Potluck

April 12— Easter

April 19— open

April 26— Beef & Chicken Roast

Mark your calendars

Wednesday, March 31 at 7:00pm — Pan-Orthodox Akathist to the Mother of God at Our parish at 7:00pm Lenten Refreshments after.

Sunday April 26— Beef & Chicken Roast served after teh Divine Liturgy

Sunday, June 14 at 9:30am — First Confession and visit of His Archbishop Daniel. Luncheon in honor of the First Confession Class.

Free ESL Classes/Класи Англійської мови



ESL classes every Wednesday evening, in the Church Hall. Adults wishing to improve their English are welcome

to join us at 5:30 p.m. If you have any questions, please see Pat Wolsko or Athena Gordan.

Безкоштовні заняття КЛАСИ ESL Кожної Середи

о 5:30 вечора в церковній залі. Запрошуємо усіх, хто хоче вивчити мову, хто хоче стати більш вправним в розмові, читанні та написання англійської мови. Реєстраційні форми знаходяться на столі при вході у церкві. Якщо у вас є будь-які запитання, зверніться до